

Improving Quality of Life for Individuals Across the Lifespan

MIMH Spring Institute

May 29, 2014

Conference Objectives

- Review a variety of therapeutic approaches to meet the behavioral health needs of their clients and their families.
- Describe emerging trends and established strategies in the full range of services and supports required by adult and pediatric patients with behavioral health and/or addiction management needs.
- Review fundamental knowledge of behavioral health, addiction, and disability.
- Understand the recent changes to health care approaches that integrate physical and behavioral health.

Abstract

- State Leaders from Missouri (MO) representing intellectual and developmental disabilities, mental health, and school-wide positive behavioral interventions and supports (PBIS) are working together to integrate evidence-based practices for preventing problem behavior. Presenters will describe how they are working to improve communication systems across services by targeting points where services connect and leveraging limited funds by encouraging cross-training experiences in evidence-based practices. Strategies for encouraging interagency collaboration at the regional and state levels will be described. Presenters will outline a three-tiered prevention model that is currently used in both the Missouri schools and in intellectual and developmental disability services to decrease the likelihood of problem behavior. Examples of implementation at an organizational level will be shared with dedicated time for questions and discussion at the end of the presentation.

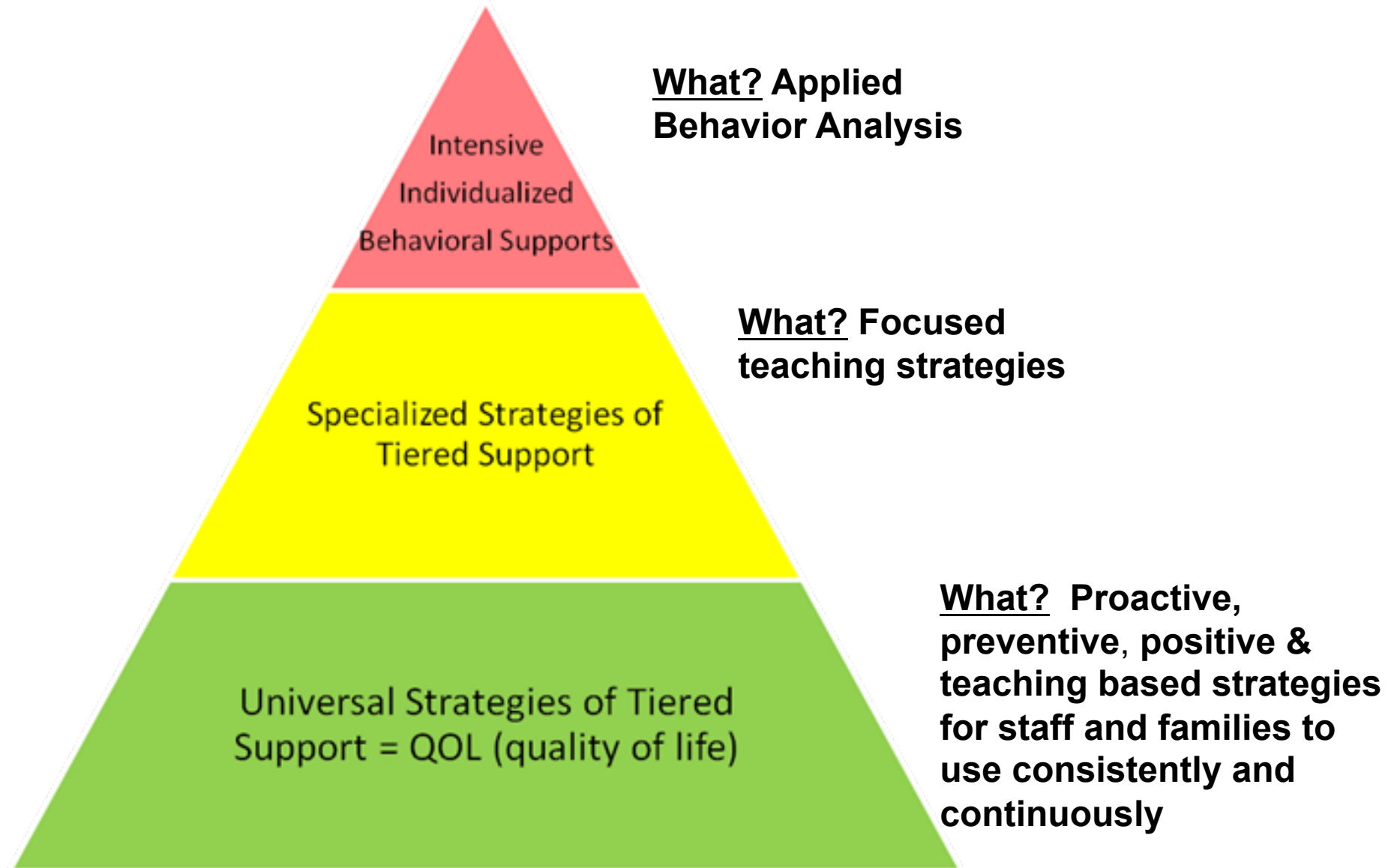
Two Service Systems

- Systems for Children – school, foster care, behavioral health, juvenile justice, developmental disability agencies, others
- Systems for Adults – behavioral health, Developmental Disabilities agencies, other social services and community

Collaboration of Entities promoting Positive Behavior Supports

Missouri Division of Developmental Disabilities

Tiered Supports Model



Interagency Collaboration

- Started in 2008
- Agencies included:
 - **Missouri SW-PBS**
 - **Department of Elementary and Secondary Education (DESE)**
 - Office of Quality Schools
 - Office of Special Education
 - Missouri Schools for the Severely Disabled
 - **Department of Mental Health**
 - Division of Developmental Disabilities (DDD)
 - Comprehensive Psychiatric Services

Challenges of Disconnected System of Service Delivery

- No system to inform schools that other agencies are working with the child and family
- Agencies and schools do not work together to develop **one** plan with the child and family
- Often agency people feel that they are asked to take sides – parents vs. the school
- School personnel spending 60 - 120 minutes during meetings focusing only on the problems

Challenges of Disconnected System of Service Delivery (Continued...)

- Parents not sharing what it is like at home
- Schools expecting parents to do it all - telling them what to do instead of collaborating around goals and dreams for child
- “Too many words” or with “too much Jargon” because so many different systems are working to provide services to the child and family

Key Issues Related to Sustainability of Interagency Collaboration

Goal was to avoid common problems associated with interagency meetings and to follow key elements of sustainability & systems change:

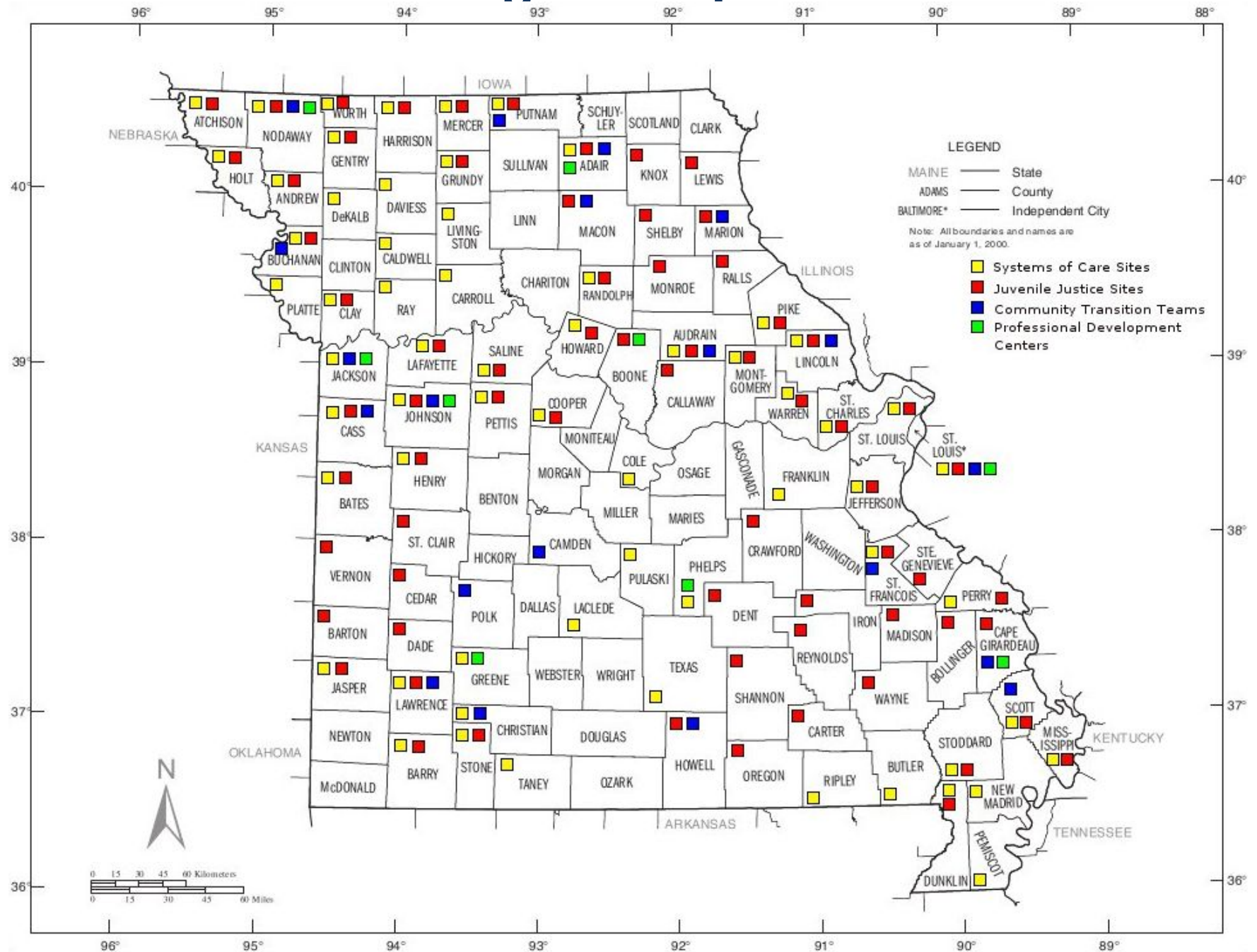
- Promote priority for a specific practice
- Maximize contextual fit
- Ensure efficacy of practices
- Use data for continuous generation
- Avoid over reliance on any one individual

Initial Goals of the Team

Work between agencies at the state level and information gleaned from working with schools and human service agencies across the state resulted in the identification of the following goals:

- Develop a Common Language
- Develop a Common Vision
- Develop a Common Training

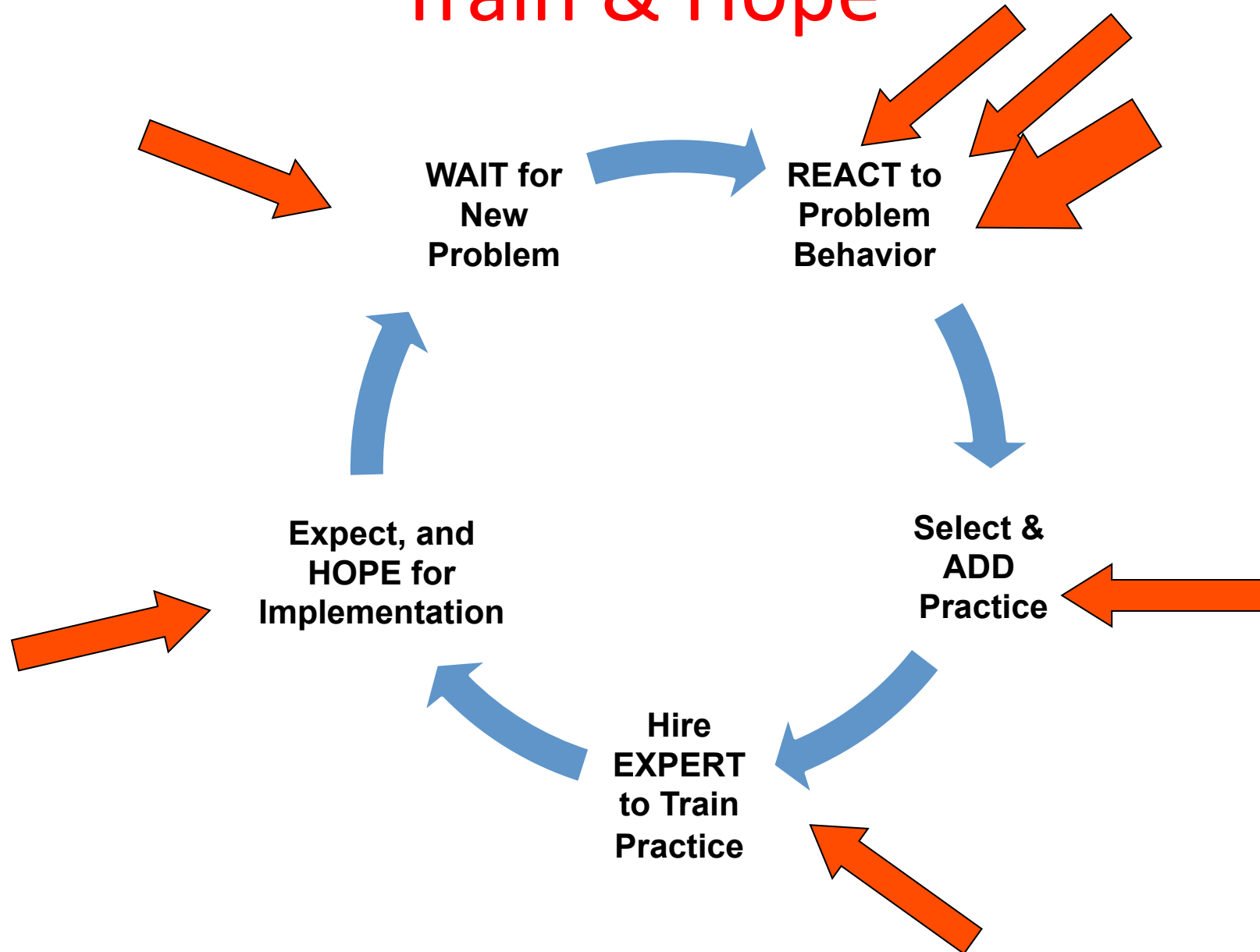
Assessing Overlap of Teams



To systemically prevent crisis...

- & To be successful:
 - ...a person needs meaningful relationships, a predictable environment, and the opportunity to develop skills.
 - ...the families and agencies need the knowledge, skills, tools, and support necessary to teach & encourage desirable behaviors & prevent challenging behavior.

“Train & Hope”



Phelps County Adult Systems of Care Committee